



**Honor Society of Nursing
Sigma Theta Tau International**

NU MU Chapter

California State University, Los Angeles

Spring 2008

Nu Mu Chapter Board of Directors:

- Larissa Africa -President
- Susan DePietro -President Elect
- Benson Yeung -Vice President
- Susan Cline -Secretary
- Kris Hillary-Treasurer

Evidenced Based Nursing: Managing the Unexpected

The Honor Society of Nursing, Sigma Theta Tau International, Nu Mu Chapter, California State University, Los Angeles, Nursing Alumni Network, and California State University, Los Angeles, School of nursing held their Second annual Evidenced-Based Nursing Forum on February 11, 2008 at the Eagle Ballroom in California State University, Los Angeles. This year's topic was "Managing the Unexpected" with guest key note speaker Peter Grossman MD, FACS, Associate Director, Grossman Burn Center at Sherman oaks Hospital & Western Medical Center, Santa Ana. Other speakers included Jim Crabtree, BSN, RN., MICN, Disaster Training Specialist & Senior Nursing Instructor, EMS, LA County Emergencia Medical Services, Dr. Bernice Coleman PhD ACNP-BC FAHA, Cedar Sinai Medical Center in Los Angeles, Russ Lewis R.N., Clinical Educator, Emergency Services Kaiser Permanente Baldwin Park, Kathy Stevenson, R.N., Manager, Disaster Resource Center, Children's Hospital Los Angeles.



Individual Highlights:

- Evidence Based Nursing 1
- President's Message 2
- Treasurer Report 3
- Web Site 3
- Scholarships & Events 4
- CSULA SON Update 5
- Induction 6



The Second Annual Forum proved to be another very successful event with much positive feedback from the attendees. Special thanks to Dr. Lori Judson, CSULA faculty, student nursing organizations Nightingale Society, NSNA, ATD, Student Presenters and sponsors that made this event possible.





President's Message

By Larissa Africa

As I was sitting in front of my laptop to begin writing my President's message, I came to a realization that we are already more than a quarter through the year. I then started reflecting on all the events that has taken place both in my personal life and professional career in the past couple of months. I, of course, also started thinking about events that we've had for Nu Mu and will have in the very near future.

On February 11th of this year, we held our 2nd annual Evidence-Based Nursing forum and there were a few Sigma Theta Tau, Nu Mu members who were able to attend. In addition to the forum, there are other opportunities for professional development and networking in which our members can participate. More importantly, Nu Mu is always looking for members to plan these different events like reviewing scholarship applications, planning the Nursing Forum and Fall program, helping with the New Member Induction, writing an article for the newsletter, attend a board meeting or one of our programs, and many more. Remember that only with your active participation can we uphold the mission of Sigma Theta Tau. A couple of our board members will be working on a survey to evaluate the needs of our members and find out what will keep them in the organization and be an active member.

Although New Year's eve has come and gone, it is not too late to make a New Year's resolution. I am challenging each and every one of you to either make a new year's resolution or add one more to your already existing one. I challenge you to become a more active member of Sigma Theta Tau International. Remember the pledge you made to the Nursing Society during your own Induction, "I accept membership in Sigma Theta Tau International and I pledge to fulfill its commitment to nursing excellence, knowledge, service, and leadership throughout my career." I invite you to our Induction Ceremony on May 18th to renew your pledge together with the new inductees. With this, I encourage you to contact either me or one of the other board members to find out how you can get more involved. You can also complete a VIP profile on www.nursingsociety.org, Sigma Theta Tau International's website. This can be your first step to connect to the honor society, meet new people, and to grow professionally. You have been inducted into the honor society because of your talent and expertise- we are counting on you to share and take advantage of the networking opportunities!



Note from the Treasurer

Kris Hillary, MSN, RN

It is a pleasure to report that Sigma Theta Tau Nu Mu chapter currently has \$49,367 in assets. Our operating budget for 2007/2008 is \$15,040. Money for the budget comes from dues and from fundraising efforts. The budget supports the Regional Research Conference; the Fall, Spring and Induction Programs; sending two chapter representatives to National Sigma Theta Tau Leadership Conference; underwriting students attendance at the Regional Research Conference and awarding \$4500 in scholarships to undergraduate and graduate students.

Thank you all for your generosity in supporting Nu Mu’s fundraising activities this year. So far \$3829 has been donated by our membership. Through your gifts we have been able to increase the number and amount of scholarships given each year and in addition underwrite educational programs available to all students at CSULA.

Sincerely,
Kris Hillary



The Nu Mu website

The Nu Mu Website is available to you 24 hours a day for the latest and greatest. Please check out the website at www.numula.org and browse through the menu. You can find out about our history, bylaws, upcoming events, point of contacts, and much more.



Attention...



Are you a leader? Do you have ideas or issues you would like to discuss and work with others who have similar ideas? If so we are looking for you. Our committees have several positions available that would meet your needs and we would love your involvement and contribution. Please contact Larissa Africa at lafrica@chla.usc.edu for committee positions available.

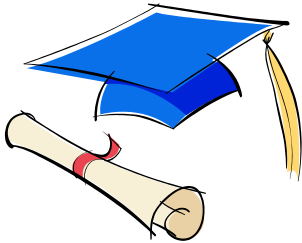
WE ARE PRESENTLY SEEKING MOTIVATED NU MU MEMBERS FOR THE OFFICE OF VICE-PRESIDENT/ PROGRAM CHAIR 2008-2010, TREASURER 2008-2010, AND LEADERSHIP SUCCESSION MEMBERS 2008-2010.

Don't forget to sign up to receive the next issue of Sigma Theta Tau Nu Mu Chapter Newsletter via **email**. Help us to help you and our chapter function more efficiently. Contact Ali R. Tayyeb at artayyeb@yahoo.com with the email address for which you would like to receive your next issue.



SCHOLARSHIPS AVAILABLE !!!

**ATTENTION
Nursing Students...**



Take a break from your studies and fill out an application for the **Sigma Theta Tau Nursing Scholarship Awards.**

This \$\$ is available to all nursing students – all you need to do is apply!!!!

Applications are now available in the nursing office.

Deadline to apply: Monday, April 21, 2008 @ 1:00 pm



Events Calendar



May 18, 2008

Induction Ceremony

12-3pm Quiet Cannon

June 2, 2008

Transition Meeting

6-9 PM Monterey Hill Restaurant



UPDATES FROM CALIFORNIA STATE UNIVERSITY, LOS ANGELES, SCHOOL OF NURSING

- Congratulations to the CSULA School of Nursing for being awarded credentialing from the AACN. The faculty and staff worked hard and were awarded the maximum number of years by the AACN.
- Dr. Pat Chin says goodbye to the School of Nursing at the end of the Spring quarter. Dr. Cynthia Hughes has been named as the interim director for the SON. The Sigma Theta Tau International, Nu Mu chapter wishes Dr. Chin all the best and thanks her for her support and welcomes Dr. Hughes as the interim Director for the CSULA SON.
- CSULA Student Nurses Association sponsored career fair will be held on Sunday April 27th, 2008 from 10:00 a.m. to 2:00 p.m. at the CSULA Golden Eagle Ballroom. Show your support for these future nurses and bring your copies of your resume. Over a dozen Hospital recruiters have signed on to be present and many more are expected.

LET US KNOW

We want to know how you would like to be more involved with the Sigma Theta Tau International, Nu Mu Chapter.

What would you like to see the Nu Mu Chapter be involved with?

Share your success with us.

If you would like to write an article for the Nu Mu Chapter please let us know.



WE VALUE YOUR IDEAS AND OPINIONS

Induction Once Again
Dolores Greenwood MSN, RN



Do you remember your induction to Sigma Theta Tau, Honor Society of Nursing, Nu Mu Chapter? Here's a chance to reminisce as well as congratulate those who have achieved as much success as you have.

Induction will, once again, take place at Quiet Cannon in Montebello, CA on **Sunday, May 18th** from **12:00pm to 3:00pm in the Camino Room**. We will be inviting candidates from the undergraduate BSN program, the distance program, the accelerated program and the MSN program.

We are inviting all existing members to join in the celebration. We will be serving lunch during the ceremony and there is a small fee of \$30. If you are planning to attend, please complete the tear-off section below and mail the form with your check to:

Dolores Greenwood
2032 W. 84th Street
Los Angeles, CA 90047

For any questions, do not hesitate to contact **Dolores Greenwood at (323) 752-0779**.

Thank you and hope to see you there!



2008 Induction Ceremony
Quiet Cannon, Camino Room
Montebello, California

May 18, 2007
Sunday
12:00- 3:00 pm

Name: _____ **Nu Mu member:** _____ **Non- member:** _____

Address: _____

Contact Information: _____

Yes, I plan to attend: _____

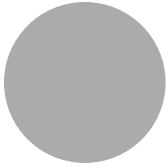
Amount (Total including yourself): _____ X \$30.00= \$ _____

No, I cannot attend but would like to donate to the Scholarship fund: _____ Amount: \$ _____

No, I cannot attend: _____

THANK YOU!





**We welcome
comments and
suggestions or if you
would like to
contribute to this
newsletter please
contact Larissa Africa,
President or Ali R.
Tayyeb News letter
Editor**

E-Mail:

lafrica@chla.usc.edu
artayyeb@yahoo.com

We're on the Web!

See us at:

<http://www.numula.org>

Larissa Africa, RN BSN
President
1300 S. Fleetwell Ave
West Covina, CA 91791

